

Saint Robert Bellarmine

Sports Association

Student Athlete Handbook

2012 - 2013

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The St. Robert Bellarmine School Sports Association

Responsibilities of Student Athletes

A. Eligibility

The purpose of the Athletic program is to enhance and broaden your educational experience. Academic excellence should be your first priority. Strive to do your best in all subjects in the area of achievement, industry and attitude. Your progress in school will be reviewed regularly. Report cards and progress reports will form the basis of the review.

In order for you to be eligible to participate in the SRB Sports Program, you must maintain a minimum of a "C" average in all areas of study, may not have any "U's" and may not have more than one detention or other conduct problem. **On a case by case basis the Principal at his/her discretion has the right to waive this rule under rare, but certain circumstances.**

If you do not meet this requirement, a one-week athletic suspension is given. At the end of this time your grades will be reviewed. If you have raised your grade(s), then the suspension will be lifted and you may begin participating in your sport again. If you have not raised your grades, you will serve another week of athletic suspension, with a review of your grades each week, until the grades have improved above the failing level.

B. Attendance

Maturity and courtesy as well as a commitment to your team demand punctuality and strict attendance for practices and games.

You will be dropped from the team if you accumulate three unexcused absences (three unexcused tardies equals one unexcused absence). Notify the coach of an excusable absence prior to the absence for example a scheduled dentist appointment. If the coach is not notified prior to the absence, then your parent/s/guardian/s must contact the coach immediately following the absence. If not, you will not be able to stay at practice and you will be subject to an unexcused absence. Absence or tardiness related to school enforced discipline, detentions, etc. are considered unexcused absences.

If you are out of school due to illness, you are not allowed to practice or play in that day's game. If the illness occurs on a Friday, you will be allowed to participate over that weekend as long as your parent/s/guardian/s is/are in agreement.

If for any reason you are asked to leave the gym either at a game (home or away) or practice, because of misbehavior or violation of team rules, which equals one unexcused absence, plus a one game suspension, your parent/s/guardian/s must be called. You can only be sent home if your parent/s/guardian/s has/have been contacted and if your parent/s has/have signed a form giving permission for you to walk home on your own from home games and practices, otherwise you must stay at the facility until the end of the game or practice with your coach or assigned monitor. An unexcused absence from a game incurs suspension for the next game.

C. Clothing

You are required to wear the team assigned uniform to all games. Participation will not be allowed if the correct uniform is not worn. A lost or stolen uniform must be reported to your coach immediately. Your coach will fill out the proper form and report this to the Uniform/Equipment Coordinator so a new uniform can be purchased by your parent at the current market value in order to be compliant for participation in the next scheduled game. Uniforms may not be altered in any way.

D. Traveling

If you as an athlete is being chaperoned to and/or from a game or practice, you should respect the driver and vehicle in which you are being transported. Your parents are the greatest asset of any athletic program. Their willingness to provide transportation makes our schedule of games possible.

E. Gym Rules

The gym is our home. Help keep it a nice place to be. These rules are guides to help us live together harmoniously and happily:

1. Bicycles are not allowed in the building. If you do not have a lock, the bike should be left at home.
2. Food and drink are not allowed on the gym court, except for athletes water and sports drinks.
3. Athletes are not allowed to roam the school, the hallways, or the bathrooms during practice and games.
4. Doors should be kept closed to ensure security and to not waste energy.
5. Lights should not be left on without need.
6. Make use of the garbage cans. Pick up litter, even if it is not "yours."
7. Locker rooms and bathrooms are to be left in excellent condition, just the way you found them.
8. During preliminary or subsequent games, athletes should sit on the bleachers. Do not loiter or congregate in the stairwell or outside.

9. If another team has a practice scheduled before your own, do not interrupt or disturb that practice. Sit down until your practice time.
10. Athletes are expected to maintain the gym and shall also be responsible for setting up the benches or chairs and putting them away.
11. The first team to play sets up and the last team breaks down and cleans up.
12. Be sure to clean the area around the bleachers and player's benches. We don't have a cleaning crew to clean up after you.

F. Grievances

If you wish to file a grievance, you must make a request for a grievance meeting through your parents/guardians and follow the grievance procedures.

G. Code of Conduct

1. If you receive two (2) technical fouls during the season for behavior or conduct, you will be suspended for the next two (2) games. If this occurs at the end of the season, the two (2) game suspensions will be carried out the following year.
2. If you are asked to leave the premises of the gym you are playing in, you will be suspended for the next two games.
3. If you threaten or harass any member of your team or the opposite team, follow them out to their car or to their home, frighten them in anyway and it is witnessed and reported by another adult, you will be suspended for a minimum of the next two games and more than likely the remainder of the season.
4. If you receive three (3) technical fouls for behavior or conduct during the course of the season, you will be suspended for the remainder of the season.
5. If you receive a technical foul for conduct or behavior during the course of a game, the coach will remove you from the game for the remainder of the contest and they will discuss with you the effect this has on the entire team, the reason for the discipline and what may be done to remedy the situation.
6. If you are physically abusive before, during or after a game, you will be expelled for the remainder of the season.

H. Sports Blessing Masses

There are three times per year that a Mass is said in your honor wishing you God Speed as you begin your athletic season. One is said in the fall for soccer, cross country and basketball, one in the winter for volleyball and one in the spring for baseball, softball and track and field. The S.R.B.S.A. encourages you, your coaches and your parents to attend these Masses.

I. Minimum Playing Time

There are minimum playing time requirements for each grade level and sport in which you participate. These are listed in your parent's handbook. If at any time you feel you are not receiving the minimums, ask your parents to intervene first with your coach in an attempt to rectify the situation. If this does not lead to an amicable solution, then ask your parents to file a grievance on your behalf with the S.R.B.S.A. Grievance Committee.

J. Required Forms and Fees

There are required forms that need to be filled out and submitted as well as all fees paid by your parent/s or guardian/s prior to the start of your first practice. You will not be allowed to participate in these practices until all forms are submitted and all fees are paid.